Minted Lemonade

BEVERAGE

VEGAN, GLUTEN FREE, DAIRY FREE, CORN FREE, SOY FREE

serves: about 7 cups active time: 10 min. total time: 40 min

INGREDIENTS

• 1 cup sugar

• 5 cups water

• 1 packed cup mint leaves (roughly chopped or torn)

• 1 3/4 cups freshly squeezed lemon juice

INSTRUCTIONS

1. In a saucepan combine the sugar and 1 cup of water. Bring to a boil and whisk until the sugar dissolves.

2. Remove from heat and add the mint. Let the simple syrup cool completely, about 30 minutes. Strain out the mint.

3. To a pitcher, add the lemon juice and stir in the simple syrup and remaining 4 cups of water.

4. Add the mint sprigs and refrigerate for a few hours.

5. Serve over ice.

Coreen Murphy